

WEEK 1 W/C: 30/10, 20/11, 11/12, 22/01, 04/03, 15/04

WEEK 2 W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | | | |
|---|--|--|--|--|--|--|--|--|--|
| HOT MAINS | Cheese and Tomato Pizza Served with Potato Wedges | Classic Beef Burger Served with Potato Wedges | Roast Chicken Served with Roast Potatoes and Gravy | Beef Bolognese Served with Wholewheat Pasta and Garlic and Herb Bread | Breaded Fish Fingers Served with Chips | | | | |
| | Stir Fried Vegetable Rice ◙ ₩ ♥ | Vegetarian Burger © Served with Potato Wedges | Vegetable Pastry Roll © Served with Mashed Potato and Gravy | Vegetarian Bolognese 🛛 Served with Wholewheat Pasta and Garlic and Herb Bread | Crispy Quorn Nuggets @ Served with Chips | | | | |
| JACKET POTATO | Jacket Potatoes ♥♥ with a choice of hot and cold fillings | Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings, including Salmon Mayonnaise № | Jacket Potatoes © with a choice of hot and cold fillings | Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings | Jacket Potatoes | | | | |
| All main meals are served with two vegetables | | | | | | | | | |
| DESSERT | Chocolate Sponge with Chocolate Custard | Crispy Crackle Bar with Fruit 🍯 | Carrot, Orange and Sultana Slice _ð | Original Flapjack | Vanilla Ice Cream | | | | |

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | | | |
|---|---|---|---|---|--|--|--|--|--|
| HOT MAINS | Cheese and Tomato Pizza Served with Potato Wedges | Chicken and Vegetable Tikka Masala ở ∳ Served with Wholegrain Rice | Roast Beef Served with Roast Potatoes and Gravy | Sausage Pasta Bake : Served with Garlic and Herb Bread | Breaded Fish Fingers Served with Chips | | | | |
| НОТ | Vegetarian Cottage Pie ● ≫ Served with Gravy | Macaroni Cheese o | Cheesy Leek and Carrot Crumble @ & Served with Roast Potatoes and Gravy | Vegetarian Sausage Pasta Bake ⊯ ⊚ Served with Garlic and Herb Bread | Crispy Quorn Nuggets o Served with Chips | | | | |
| JACKET Potato | Jacket Potatoes ♥ ♥ with a choice of hot and cold fillings | Jacket Potatoes | Jacket Potatoes ♥♥ with a choice of hot and cold fillings | Jacket Potatoes ♥♥ with a choice of hot and cold fillings | Jacket Potatoes | | | | |
| All main meals are served with two vegetables | | | | | | | | | |
| DESSERT | Apple Crumble with Custard ð | Crunchy Chocolate Biscuit | Chocolate and Vanilla Marble Cake | Chocolate Shortbread with Fruit 🍯 | Strawberry Ice Cream | | | | |

PACKED LUNCH AVAILABLE Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day







🛿 Vegetarian 🔅 Oily Fish 👹 Wholegrain 🎽 Fruity! 💖 Nutritionist's Choice