

# Supermarket sandwich



Design a new supermarket sandwich. It must be healthy, contain at least three ingredients, look appealing, taste good and be easy to eat by hand. Use the useful words to help.

## Useful words

- avocado
- banana
- butter
- carrot
- cheese
- chives
- cress
- cucumber
- egg
- ham
- lettuce
- margarine
- mayonnaise
- mustard
- parsley
- salad cream
- tomato
- tuna

I will use these ingredients:

Ingredient	Plant or animal source	Preparation (peel, tear, slice, chop, mash, grate)

Dressing or sauce \_\_\_\_\_

I will use:

brown bread

a bread roll

white bread

a wrap



Draw and label a diagram of your sandwich design.

