



## Star Academy Sandyford

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### Forest Schools

Dear parents,

Due to SATs for the year 6's we thought it would be a perfect opportunity for the year 5's to get out of the classroom and experience some Forest School sessions for the week. We will be taking the children outside every morning starting from Monday 13<sup>th</sup> May until Thursday 16<sup>th</sup> May.

Forest schools is about building a child's self-esteem and confidence through a range of problem solving based outside. They will take part in various team building activities and learn new skills which they can use in their everyday lives. This is an exciting opportunity for your child to take part in.

The children will need to bring to school a change of clothes that you don't mind getting muddy and a sensible pair of footwear e.g old trainers or wellies. If your child does not bring the appropriate clothes and shoes then, unfortunately due to safety reasons, your child will not be able to take part in the activities.

If you have any questions, please don't hesitate to ask.

Many thanks,

Miss J. Clarke  
Year 4 Teacher/Forest School Lead

