Primary Spring/Summer 2019 Menu - Week 1

w/c 22/04, 13/05, 10/06, 01/07, 22/07, 16/09, 07/10, 28/10

| 2 | uper | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|-------------------------|---|--|--|---|--|
| | Heroes Hat Main Dish | Tomato & Mozzarella Pizza ** with Jacket Wedges | Chicken, Pea & Potato Bake | Roast Gammon with Roast Potatoes and Gravy | BBQ Beef Meatballs served with Pasta ** | Salmon Fish Fingers *** Breaded Fish Fingers with Chips |
| | Alternative Dish | Chinese Style Veggie Rice | Vegetable Pasta Bolognese ** | Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy | Sweetcorn Tortilla Pie (layered tortilla bake) with Rice ** | Veggie Hotdog with Chips |
| | Key Stage Two | Quorn Ball and Tomato Sub Roll with Jacket Wedges | Chicken Tikka Masala Pot | Chicken Pizzadilla (tortilla pizza) with Jacket Wedges | Tomato & Cheese Pasta Pot | |
| | Vegetables | Broccoli Sweetcorn | Green Beans Mediterranean Vegetables | Carrots Cabbage | Peas Seasonal Vegetables | Sweetcorn Baked Beans |
| | Desserts | Mango Frozen Yoghurt | Pear Upside Down Cake * with Custard | Flapjack with Fruit Slices * | Brownie Cake | Berry Chill |

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish

Jacket Potatoes available daily

Primary Spring/Summer 2019 Menu - Week 2

w/c 29/04, 20/05, 17/06, 08/07, 02/09, 23/09, 14/10

| tuner 💂 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|--|---|---|----------------------------------|---|
| Heroes Hot Wain Dish | BBQ Quorn Burger with Jacket Wedges | Pork Sausages with Creamed Potato | Roast Turkey with Roast Potatoes and Gravy | Pasta Bolognese ** | Crispy Fish & Chips Crispy Battered Pollock with Chips |
| Alternative Dish | Mediterranean Tart (pastry) with Pesto Pasta | Vegetarian Sausages with Creamed Potato | Cauliflower and Creamed Corn Bake with Roast Potatoes | Mild Chickpea Curry with Rice ** | Baked Bean and Cheese Quesadilla (folded tortilla wrap) with Chips |
| Key Stage Two | Bagel Pizza with Jacket Wedges | Cheesy Baked Bean Mash Pot | Marinated Chicken Flatbread | Mexican Chicken Mac Pot | |
| Vegetables | Crunchy Coleslaw Peas | Roasted Peppers and Sweetcorn Baked Beans | Cabbage Carrots | Broccoli Sweetcorn | Peas Tomato and Cucumber Salad |
| Desserts | Chocolate Sponge Cake with Custard | Strawberry Sponge Swirl | Oatie Biscuit with Fruit Slices * | Apple & Carrot Slice * | Cheese and Biscuits |

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish

Jacket Potatoes available daily

Primary Spring/Summer 2019 Menu - Week 3

w/c 06/05, 03/06, 24/06, 15/07, 09/09, 30/09, 21/10

| uner | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|--|---|---|---|--|
| Heroes Hot Main Dish | Mac 'N' Cheese Macaroni Cheese | Chicken and Sweetcorn Pizza ** with Jacket Wedges | Roast Pork with Roast Potatoes and Gravy | Chinese Chicken Rice | Golden Fish Fingers & Chips Breaded Fish Fingers with Chips |
| Alternative Dish | Vegetable Korma with Rice ** | Cheesy Bubble & Squeak | Quorn Roast with Roast Potatoes with Gravy | Creamy Pesto Pasta | Sweet Potato & Chickpea Burger with Chips |
| Key Stage Two | Pesto Bagel Melt with Jacket Wedges | Chicken Noodle Pot | Mac N Cheese Pot with BBQ Baked Beans | Beef Chilli Tortilla Wrap | |
| Vegetables | Broccoli Carrots | Peas Mediterranean Vegetables | Carrots Cabbage | Roasted Summer Vegetable Medley Sweetcorn | Baked Beans Peas |
| Desserts | Peach Slice | Lemon Drizzle Cake | Blueberry Frozen Yoghurt | Apple and Berry Crumble * with Custard | Chocolate Shortbread with Fruit Slices * |

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily
*Fruit Based **Wholegrain ***Oily Fish

Jacket Potatoes available daily



